

Date	Time	Event	Gender	Phase	Notes
	09:00	400m	W	1st Round	
	09:30	Discus Throw	W	Qualification	А
	09:35	400m	М	1st Round	
	10:00	Shot Put	М	Qualification	A+B
	10:30	100m	М	1st Round	
	10:35	Triple Jump	М	Qualification	A+B
	10:40	Discus Throw	W	Qualification	В
	11:40	100m	W	1st Round	
	12:00	Hammer	М	Qualification	А
	13:00	Hammer	М	Qualification	В
Aug. 23	18:00	800m	W	1st Round	
(Wed.)	18:10	Javelin	W	Qualification	А
	18:35	100m	М	2nd Round	
	18:45	High Jump	М	Qualification	A+B
	19:05	1,500m	М	1st Round	
	19:15	Javelin	W	Qualification	В
	19:15	Long Jump	W	Qualification	A+B
	19:30	Shot Put	М	Final	
	19:45	10,000m	W	Final	
	20:30	10,000m	W	Medal Awarding Ceremony 1	
	20:40	Shot Put	М	Medal Awarding Ceremony 2	

Appendix 4. Competition Schedule

Date	Time	Event	Gender	Phase	Notes
	09:00	Pole Vault	W	Qualification	A+B
	09:15	Javelin	М	Qualification	А
	09:30	100m	М	Decathlon1	
	10:30	400m Hurdles	М	1st Round	
	10:45	Long Jump	М	Decathlon2	A+B
	10:45	Javelin	М	Qualification	В
	11:15	3,000m Steeplechase	М	1st Round	
	11:45	3,000m Steeplechase	W	1st Round	
	12:15	Hammer	W	Qualification	А
	12:15	Shot Put	М	Decathlon3	A+B
Aug. 24	13:15	Hammer	W	Qualification	В
(Thu.)	16:45	Hammer	М	Final	
	18:00	High Jump	М	Decathlon4	A+B
	18:00	400m Hurdles	W	1st Round	
	18:30	400m	W	Semi-final	
	18:40	Long Jump	W	Final	
	18:55	100m	W	Semi-final	
	19:16	Hammer	М	Medal Awarding Ceremony 3	
	19:20	Discus Throw	W	Final	
	19:20	100m	М	Semi-final	
	19:40	400m	М	Semi-Final	
	20:05	800m	W	Semi-Final	
	20:25	100m	W	Final	



Date	Time	Event	Gender	Phase	Notes
	20:40	100m	М	Final	
	21:00	10,000m	М	Final	
	21:35	100m	W	Medal Awarding Ceremony 4	
Aug. 24	21:40	100m	М	Medal Awarding Ceremony 5	
Aug. 24 (Thu.)	21:45	400m	М	Decathlon5	
· · ·	22:05	Discus Throw	W	Medal Awarding Ceremony 6	
	22:10	Long Jump	W	Medal Awarding Ceremony 7	
	22:15	10,000m	М	Medal Awarding Ceremony 8	
	09:00	110m Hurdles	М	Decathlon6	
	09:20	Triple Jump	W	Qualification	A+B
	09:30	100m Hurdles	W	1st Round	
	10:00	Pole Vault	М	Qualification	A+B
	10:00	Discus Throw	М	Decathlon7	А
	10:15	200m	W	1st Round	
	11:00	Discus Throw	М	Decathlon7	В
Aug. 25 (Fri.)	11:15	200m	М	1st Round	
(111.)	15:00	Pole Vault	М	Decathlon8	A+B
	17:00	200m	М	2nd Round	
	17:30	200m	W	Semi-final	
	17:45	Javelin	М	Decathlon9	А
	17:55	400m Hurdles	М	Semi-final	
	18:15	400m Hurdles	W	Final	
	18:30	High Jump	М	Final	

Date	Time	Event	Gender	Phase	Notes
	18:35	1,500m	М	Final	
	18:50	400m	W	Final	
	18:55	Javelin	М	Decathlon9	В
	19:05	800m	W	Final	
	19:15	Triple Jump	М	Final	
	19:25	400m Hurdles	W	Medal Awarding Ceremony 9	
	19:30	1,500m	М	Medal Awarding Ceremony 10	
	19:35	400m	М	Final	
	19:42	400m	W	Medal Awarding Ceremony 11	
Aug. 25	19:47	800m	W	Medal Awarding Ceremony 12	
(Fri.)	19:50	Javelin	W	Final	
	20:00	1,500m	М	Decathlon10	
	20:20	400m	М	Medal Awarding Ceremony 13	
	20:25	High Jump	М	Medal Awarding Ceremony 14	
	20:30	5,000m	W	1st Round	Heat 1
	20:50	Decathlon	М	Medal Awarding Ceremony 15	
	20:55	5,000m	W	1st Round	Heat 2
	21:15	Triple Jump	М	Medal Awarding Ceremony 16	
	21:20	Javelin	W	Medal Awarding Ceremony 17	



Date	Time	Event	Gender	Phase	Notes
	07:00	20km Walk	W	Final	Ren'Ai Road
	09:00	20km Walk	М	Final	Ren'Ai Road
	09:10	20km Walk	W	Flower Ceremony	Ren'Ai Road
	10:00	Shot Put	W	Qualification	A+B
	10:05	100m Hurdles	W	Heptathlon1	
	10:15	Discus Throw	М	Qualification	А
	10:40	20km Walk	М	Flower Ceremony	Ren'Ai Road
	10:45	1,500m	W	1st Round	
	11:00	High Jump	W	Heptathlon2	A+B
Aug. 26 (Sat.)	11:00	3Km	M / W	"Charles Wendon Memorial" Fun&Health Race for team officials,media,OC	After the 20KM Race Walk M
	11:05	800m	М	1st Round	
	11:30	Discus Throw	М	Qualification	В
	12:05	110m Hurdles	М	1st Round	
	16:00	Hammer	W	Final	A+B
	16:00	Shot Put	W	Heptathlon3	
	16:30	20km Walk	W	Medal Awarding Ceremony 18	
	16:35	20km Walk	W(team)	Medal Awarding Ceremony 19	
	16:45	High Jump	W	Qualification	A+B

Date	Time	Event	Gender	Phase	Notes
	17:00	Pole Vault	W	Final	
	17:10	20km Walk	М	Medal Awarding Ceremony 20	
	17:15	20km Walk	M(team)	Medal Awarding Ceremony 21	
	17:45	Hammer	W	Medal Awarding Ceremony 22	
	18:20	200m	М	Semi-final	
	18:30	Javelin	М	Final	
	18:40	100m Hurdles	W	Semi-final	
	19:10	400m Hurdles	М	Final	
	19:20	200m	W	Heptathlon4	
Aug. 26	19:41	400m Hurdles	М	Medal Awarding Ceremony 23	
(Sat.)	19:50	200m	W	Final	
	20:00	200m	М	Final	
	20:20	100m Hurdles	W	Final	
	20:27	Pole Vault	W	Medal Awarding Ceremony 24	
	20:32	Javelin	М	Medal Awarding Ceremony 25	
	20:40	3,000m Steeplechase	W	Final	
	20:55	200m	W	Medal Awarding Ceremony 26	
	21:00	200m	М	Medal Awarding Ceremony 27	
	21:05	100m Hurdles	W	Medal Awarding Ceremony 28	



Date	Time	Event	Gender	Phase	Notes
	21:10	5,000m	М	1st Round	Heat 1
Aug. 26 (Sat.)	21:30	3,000m Steeplechase	W	Medal Awarding Ceremony 29	
	21:35	5,000m	М	1st Round	Heat 2
	07:30	Half-Marathon	W	Final	Ren'Ai Road
	07:50	Half-Marathon	М	Final	Ren'Ai Road
	09:20	Half-Marathon	M/W	Flower Ceremony	Ren'Ai Road
	10:00	Long Jump	W	Heptathlon5	A+B
	11:00	4 x 100m Relay	W	1st Round	
	11:15	Long Jump	М	Qualification	A+B
	11:20	4 x 100m Relay	М	1st Round	
Aug. 27	17:50	Half-Marathon	W	Medal Awarding Ceremony 30	
(Sun.)	17:55	Half-Marathon	W(team)	Medal Awarding Ceremony 31	
	18:00	Pole Vault	М	Final	
	18:05	Javelin	W	Heptathlon6	А
	18:10	110m Hurdles	М	Semi-final	
	18:20	Triple Jump	W	Final	
	18:30	800m	М	Semi-final	
	18:51	Half-Marathon	М	Medal Awarding Ceremony 32	
	19:00	3,000m Steeplechase	М	Final	
	19:10	Javelin	W	Heptathlon6	В

Date	Time	Event	Gender	Phase	Notes
	19:30	110m Hurdles	М	Final	
	19:40	Half-Marathon	M(team)	Medal Awarding Ceremony 33	
	19:45	Shot Put	W	Final	
	19:50	5,000m	W	Final	
	20:05	Triple Jump	W	Medal Awarding Ceremony 34	
	20:10	3,000m Steeplechase	М	Medal Awarding Ceremony 35	
	20:15	Pole Vault	М	Medal Awarding Ceremony 36	
Aug. 27 (Sun.)	20:20	4x400m Relay	W	1st Round	
(5000.)	20:45	800m	W	Heptathlon7	
	21:00	110m Hurdles	М	Medal Awarding Ceremony 37	
	21:05	Shot Put	W	Medal Awarding Ceremony 38	
	21:10	4 x 400m Relay	М	1st Round	Heat 1
	21:20	5,000m	W	Medal Awarding Ceremony 39	
	21:25	4 x 400m Relay	М	1st Round	Heat 2
	21:35	Heptathlon	W	Medal Awarding Ceremony 40	
	18:00	High Jump	W	Final	
	18:10	4 x 100m Relay	W	Final	
Aug. 28 (Mon.)	18:20	Discus Throw	М	Final	
()	18:30	800m	М	Final	
	18:50	4 x 100m Relay	М	Final	



Date	Time	Event	Gender	Phase	Notes
	19:00	Long Jump	М	Final	
	19:15	1,500m	W	Final	
	19:25	800m	М	Medal Awarding Ceremony 41	
	19:35	4 x 400m Relay	W	Final	
	19:50	4 x 100m Relay	W	Medal Awarding Ceremony 42	
	20:00	5,000m	М	Final	
	20:20	4 x 100m Relay	М	Medal Awarding Ceremony 43	
Aug. 28	20:25	1,500m	W	Medal Awarding Ceremony 44	
(Mon.)	20:30	High Jump	W	Medal Awarding Ceremony 45	
	20:35	4 x 400m Relay	М	Final	
	20:45	4 x 400m Relay	W	Medal Awarding Ceremony 46	
	20:50	Discus Throw	М	Medal Awarding Ceremony 47	
	20:55	<i>5,000m</i>	М	Medal Awarding Ceremony 48	
	21:00	Long Jump	М	Medal Awarding Ceremony 49	
	21:05	4 x 400m Relay	М	Medal Awarding Ceremony 50	